

**HOW TO USE OUR ALLERGEN GUIDE**

Our guide will let you know which of the 14 main allergens are in our dishes, as well as garlic and onion. Whilst an allergen may not be listed in the menu description, it may be present in the dish. A black dot (●) means that the specified allergen **IS** present, making it unsuitable if you are avoiding this allergen. In some instances, our chefs can prepare a dish in a way that removes the allergen – this is shown with a red dot (●). Dishes suitable for vegetarians and vegans are marked with a tick (✓) in the relevant column, and with a red tick (✓) when our chefs can make a change so they are suitable.

**KEY**

● / ● = allergen present / **allergen can be removed**

●w/s/b/o = the gluten present in the dish is wheat (w), spelt (s), barley (b) or Oats (o)

✓ / ✓ = **suitable** for vegetarians, vegans or dish is deep-fried / **can be made suitable or deep-fried ingredient removed**

\* / \* = Part of the dish has been fried in oil that may contain traces of Allergens not in the dish itself / **The fried element of the dish can be removed**

**NUTS/ALLERGENS**

We cook in an open kitchen environment and currently use nuts and other allergens throughout our menus. Although care is always taken, we cannot guarantee there is no cross contamination of products in any of our dishes. We do not have separated preparation areas for allergenic ingredients or separated fryers. In addition, our external suppliers cannot guarantee that supplied products have no traces of nuts or other allergens present. Please speak to a manager if you have any concerns.

**OIL & FRYERS (DEEP FRIED)**

If you are concerned about cross-contamination, please see the grey column which marks deep-fried dishes with a tick (✓). If the deep-fried element can be removed, it is marked with a red tick (✓).

Some dishes - whilst not containing an allergen or ingredient themselves - are cooked in our deep-fryers. Whilst our fryers are cleaned & filled with fresh oil regularly, they may have also been used to cook products containing other allergens, in which case these dishes are marked with a black asterisk (\*) to denote that the dish could contain traces of the following allergens; **Gluten, Fish, Milk, Mustard, Soya, Sulphites as well as garlic and onion**. Dishes marked with a pink asterisk (\*) can have the fried element of the dish removed.

**GLUTEN**

We have a separate gluten information menu available on request. In this guide, ●w indicates the gluten present is in wheat; ●s indicates spelt; ●b indicates barley; ●o indicates oats; ●w Indicates the dish can be modified to be gluten free.

**VEGETARIAN / VEGAN DIETS**

We define dishes suitable for vegetarians as those which do not contain meat as an ingredient & dishes suitable for vegans as those which do not contain animal products as an ingredient. Suitable dishes are marked with a tick (✓) in the relevant column. If our chefs can make a change to make a dish suitable, it is marked with a red tick (✓). We have a separate vegan information menu available on request. Please see our note above regarding oil & fryers - if you are concerned about cross-contamination of this nature, please avoid dishes marked as deep-fried.

**DAIRY**

All our dairy products are pasteurised

**NUTRITIONAL INFORMATION**

This can be found on our table menus and on our website for all food dishes and non-alcoholic drinks.

**DRINKS**

We have a separate allergy guide for our drinks menu, please ask a member of our team if you require this.

# DF TACOS ALLERGEN GUIDE AUGUST 23 V2

	SHARERS	vegetarian?	vegan?	deep-fried?	gluten	celery	crustaceans	eggs	fish	lupin	milk	molluscs	mustard	nuts	peanuts	sesame	soya	sulphites	garlic	onion
2000393	Guacamole and Chips *	✓	✓	✓															•	
2000900	DF Nachos *	✓		✓							•							•	•	•
2000909	Chorizo Nachos *			✓							•							•	•	•
2000536	Vegan nachos *	✓	✓	✓														•	•	•
2000105	Queso & chips *	✓		✓							•									•
	<b>TACOS</b>																			
2000368	The "OG" Chicken				• w			•					•					•	•	•
2001021	Meatless farm grilled 'chicken'	✓	✓	✓	• w			•					•				•	•	•	•
2000101	Sweet & smoky chicken				• w								•			•	•	•	•	•
2001119	Meatless farm sweet & smoky	✓	✓	✓	• w								•			•	•	•	•	•
2000103	Diablo chicken				• w			•			•		•				•	•	•	•
2001023	Meatless farm Diablo 'chicken'	✓	✓	✓	• w			•			•		•				•	•	•	•
2000365	Pork Pibil				• w						•		•					•	•	•
2000880	Beef Brisket				• w	•							•					•	•	•
2000366	Beef Brisket with cheese				• w	•					•		•					•	•	•
2000382	MSC Fish *			✓	• w			•	•		•					•	•	•	•	•
2000879	Buttermilk Chicken *			✓	• w			•			•		•			•	•	•	•	•
2000605	Ancho Mushroom	✓			• w			•			•		•					•	•	•
2000607	Vegan Mushroom	✓	✓		• w								•					•	•	•
2000603	Cauliflower cheese	✓			• w			•			•					•	•	•	•	•
2000610	Vegan Cauliflower	✓	✓		• w											•	•	•	•	•
2000601	Plantain*	✓		✓	• w						•					•	•	•	•	•
2000611	Vegan Plantain*	✓	✓	✓	• w											•	•	•	•	•
	<b>BURRITOS</b>																			
2000413	Pork				• w						•		•				•	•	•	•
2000380	Chicken				• w			•			•		•				•	•	•	•
2001038	Meatless farm chicken	✓	✓	✓	• w			•			•		•				•	•	•	•
2000620	Beef				• w	•					•		•				•	•	•	•
2000609	Ancho Mushroom	✓	✓		• w			•			•		•				•	•	•	•
2000005	Vegan mushroom	✓	✓		• w								•				•	•	•	•
	<b>SALADS</b>																			
2001027	Avocado & Feta	✓	✓								•		•			•	•	•	•	•
2000330	Add grilled chicken																		•	•
	<b>BOWLS</b>	vegetarian?	vegan?	deep-fried?	gluten	celery	crustaceans	eggs	fish	lupin	milk	molluscs	mustard	nuts	peanuts	sesame	soya	sulphites	garlic	onion
2000540	Grilled chicken							•			•		•			•	•	•	•	•
2000542	Pork pibil										•		•			•	•	•	•	•
2000539	Beef Brisket					•					•		•			•	•	•	•	•
2000608	Cauliflower	✓	✓								•		•			•	•	•	•	•

	<b>SIDES</b>	vegetarian?	vegan?	deep-fried?	gluten	celery	crustaceans	eggs	fish	lupin	milk	molluscs	mustard	nuts	peanuts	sesame	soya	sulphites	garlic	onion
2000449	Regular Fries *	✓	✓	✓																
2000348	Chilli Fries *	✓	✓	✓																
2000371	Cheesy Fries *	✓		✓							●									●
2000400	Red Rice	✓	✓														●		●	●
2000392	Red Slaw	✓	✓													●	●	●	●	●
2000331	Cup Of Corn	✓									●							●	●	●
2000006	Vegan corn	✓	✓															●	●	●
2000374	Pinto Beans																		●	●
2000007	Vegan pinto beans	✓	✓																●	●
2001029	Avocado side salad	✓	✓										●					●		●
	<b>SALSAS</b>	vegetarian?	vegan?	deep-fried?	gluten	celery	crustaceans	eggs	fish	lupin	milk	molluscs	mustard	nuts	peanuts	sesame	soya	sulphites	garlic	onion
2000612	Chipotle mayo	✓						●			●								●	●
2000584	Chipotle ketchup sdcf	✓	✓																●	●
2000792	Habanero Hot Sauce	✓	✓																●	●
2000582	Valentina Salsa	✓	✓																●	●
2000795	Very hot sauce	✓	✓														●	●	●	●
	<b>DESSERTS</b>	vegetarian?	vegan?	deep-fried?	gluten	celery	crustaceans	eggs	fish	lupin	milk	molluscs	mustard	nuts	peanuts	sesame	soya	sulphites	garlic	onion
2001015	Dirty churros *	✓		✓	● w						●						●	●		
2001016	Churros & choc sauce *	✓		✓	● w						●						●			
2001017	Churros & dulce de leche *	✓		✓	● w						●									
2000012	Black coconut ice cream	✓						●			●									
2000010	Truly chocolate ice cream	✓						●			●									
2000009	Salted caramel ice cream	✓						●			●									
2000008	Vanilla ice cream	✓						●			●									
2000011	Mango sorbet	✓	✓																	
2001025	Vegan chocolate	✓	✓		● o												●			
2001026	Vegan salted caramel	✓	✓														●			
	<b>KIDS MENU</b>	vegetarian?	vegan?	deep-fried?	gluten	celery	crustaceans	eggs	fish	lupin	milk	molluscs	mustard	nuts	peanuts	sesame	soya	sulphites	garlic	onion
2001032	Chicken Taco				● w						●		●					●	●	●
2001033	MSC Fish Taco *			✓	● w				●		●		●					●	●	●
2001034	Cauliflower Taco	✓	✓		● w						●		●					●	●	●
2001035	Chicken Rice Bowl										●		●				●	●	●	●
2000946	MSC Fish Rice Bowl *			✓	● w				●		●		●				●	●	●	●
2000947	Cauliflower Rice Bowl	✓	✓								●		●				●	●	●	●
2001030	Chicken & Chips *			✓									●					●	●	●
2001031	MSC Fish & Chips *			✓	● w				●				●					●	●	●